

# WHAT SHOULD I DO IF I FEEL SICK?

## On Campus

### Step 1 Symptoms

Do I have a fever,  
dry cough,  
tiredness, body  
aches, sore throat,  
diarrhea,  
conjunctivitis,  
headache, loss of  
taste or smell?



### Step 2 Quarantine

Quarantine  
yourself to  
your room  
immediately.

Refrain from  
being around  
others.

Wear your mask  
at all times.



### Step 3 Contact the Health Center

Monday - Friday  
10:00 am - 2:00pm

Please call  
336-517-2230  
and notify the  
Resident Director.

After hours?

Contact the  
Resident Assistant  
on Call at  
336-314-5607.



### Step 4 Wait

Wait for next  
steps from the  
Student Health  
Center Team  
or Residence  
Life Staff.

# WHAT SHOULD I DO IF I FEEL SICK?

## Off Campus

### Step 1 Symptoms

Do I have a fever, dry cough, tiredness, body aches, sore throat, diarrhea, conjunctivitis, headache, loss of taste or smell?



### Step 2 Quarantine

Quarantine yourself to your off campus residence immediately.

Refrain from being around others.

Wear your mask at all times.



### Step 3 Contact the Health Center

Monday - Friday  
10:00 am -  
2:00pm

Please call  
336-517-2230.

After hours?

Please send an  
email to  
health\_center@  
bennett.edu.



### Step 4 Wait

Wait for next  
steps from the  
Student  
Health Center  
Team