OFFICE OF SPONSORED PROGRAMS/ TITLE III
DECEMBER 2025-JANUARY 2026

FROM STUDIO TO STOVE: STUDENTS COOK UP MEDIA MAGIC





During the Spring minimester, the Department of Journalism and Media Studies offered JM 493: Advanced Production, a hands-on course exploring food, culture, and media literacy. Supported by the PEARL Milling Award, with Tamara Jeffries serving as Principal Investigator, students produced an original cooking show as the course's final project.

Students studied the evolution of cooking media—from 1940s radio to television, reality competitions, and short-form social media—while examining how food programming shapes culture, access, and identity. In studio sessions, they applied this knowledge by producing a multi-camera cooking show, rotating through on-camera and crew roles. Projects included instructional segments, competitive cooking challenges, celebratory baking features, and short-form videos focused on accessible, dorm-friendly meals.

During the second week, students edited all content in Adobe Premiere Pro and assembled complete segments, culminating in a public screening of the finished program. The final show served as a creative capstone demonstrating Bennett College's commitment to experiential, interdisciplinary learning and innovative approaches to food and media storytelling.

For more information, contact Prof. Tom Lipscomb at tlipscomb@bennett.edu.

PRESERVING ACADEMIC BUILDING: STEELE HALL WATERPROOFING NOW COMPLETE





Bennett College is pleased to announce the successful completion of the Steele Hall Waterproofing Project, a significant milestone in the ongoing effort to protect and preserve one of the campus's most historic and heavily used buildings. Steele Hall has long served as a cornerstone of daily campus life, making its upkeep and longevity a top institutional priority.

The project, led by the Facilities Management team in collaboration with external contractors, addressed long-standing moisture issues that had affected both the building's structure and interior spaces. Improvements included sealing exterior surfaces, enhancing drainage systems, repairing masonry, and applying advanced waterproofing treatments. These upgrades are designed to prevent future water intrusion and extend the life of the facility for years to come.

As a central academic and administrative hub, Steele Hall supports a wide range of student, faculty, and staff activities. Completing this project helps ensure a safer, more comfortable, and more reliable environment—particularly during periods of heavy rain and seasonal weather changes.

The College extends its sincere thanks to the campus community for its patience and cooperation during construction and looks forward to continued facility enhancements as part of Bennett College's ongoing commitment to maintaining a safe, functional, and vibrant learning environment.

For more information, contact Mr. Jermaine Thomas at Jermaine.Thomas@bennett.edu.

A SEASON OF CARE: WELLNESS, COMMUNITY, AND RENEWAL





The Wellness Resource Room continued to serve as a welcoming and inclusive space for connection, comfort, and care throughout the months of December and January. During this time, the room became a hub for students seeking opportunities to relax, reflect, and engage in activities that supported their overall well-being during a particularly busy and emotionally charged part of the academic year.

In December, students gathered for a festive Holiday Movie Night and Pizza Party, which provided a much-needed opportunity to unwind before the semester break. The event created a relaxed, joyful atmosphere where students could enjoy food, laughter, and seasonal films while connecting with peers in a low-pressure setting. This shared experience helped reduce stress, foster community, and offer a sense of warmth and celebration during the end-of-semester rush.

The Wellness Resource Room also hosted a meaningful Grief and Loss Workshop during December, bringing together students from Bennett College, North Carolina A&T State University, and North Carolina Central University. This collaborative session centered on healing and support, offering students a safe space to reflect on personal experiences of loss. Through guided discussion and shared dialogue, participants explored healthy coping strategies and gained tools to navigate grief, particularly during the holiday season when emotions can feel intensified. The workshop emphasized compassion, connection, and the importance of acknowledging grief as part of the wellness journey.

As students returned to campus in January, the Wellness team welcomed the new year with a restorative yoga session focused on mindfulness, gentle movement, and mental clarity. Designed to help students reset after the break, the session encouraged relaxation, stress release, and intentional breathing in a calm, supportive environment. Participants were invited to slow down, reconnect with their bodies, and set positive intentions for the semester ahead, fostering balance and renewed focus.
Together, these programs reflect the Wellness Resource Room's continued commitment to supporting students' mental, emotional, and physical well-being. By offering opportunities for connection, reflection, and restoration, the Wellness Resource Room remains a vital space that nurtures community, resilience, and holistic student care.

For more information on the program, contact Ms. Ryanne Peterson at ryanne.peterson@bennett.edu

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